

YOUR GUIDE TO LOOKING GOOD

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URBAN

ALL
READY
FOR
FALL

FROM EMBELLISHED
TOPS TO PRINTED
BOTTOMS, HERE'S
HOW TO WORK
THE BOLD
MUST-HAVE
PIECES FOR THE
NEW SEASON



WIN! SK-II MEN FACIAL TREATMENT ESSENCE WORTH \$1,098 & CELIO VOUCHERS WORTH \$1,000

GLADYS CHUNG highlights six oral supplements that are said to improve your complexion

ULTIMATE COLLA-GEN PLUS

\$88 for a month's supply

Made in South Korea, this powder collagen supplement is by home-grown trading company NewScience Laboratories, which has been trading in raw collagen for about a decade.

Ultimate Colla-gen is its first collagen supplement, and the company says it has hired A-list South Korean actors Lee Min Ho and Kim Hee Sun to endorse the product. Ultimate Colla-gen will be marketed in the region by next year.

How it works: This formula contains nano-sized molecules – purportedly one of the smallest in the market at about 500 daltons – of fish collagen that are at least half the size of its competitors'. The brand claims these are more easily absorbed by the body.

Blueberry, acai berry extracts, hyaluronic acid and vitamin C are added into the powder formula.

Available at: Robinsons and Nishino Pharmacy, including the one at Level B1, Shaw House, within Isetan Scotts.

