

Simply Her

BUSY WOMEN
SMART SOLUTIONS
BALANCING LIVES

SINGAPORE | MARCH 2014 | \$4.20
WWW.SIMPLYHER.COM.SG

THE GREAT *Hubby* MAKEOVER

*"I wanted to abort
my child... then
kill myself"*
But a stranger
rescued her

GET HIM TO...

- REALLY LISTEN
- BE ON TIME
- COOK AND CLEAN
- REMEMBER YOUR ANNIVERSARY
- LOOK BETTER



PG 110 TASTY DISHES
WITH CHEAPER CUTS



PG 22 GET SEXY
WITH LACE & MORE



Supper Dates

Sneak out
when the kids
are asleep

EARN A SECOND INCOME

Without lifting
a finger

**May
Phua**
Her #1 family
bonding
strategy - it
works!

Do More & Better

BUT LEAVE
WORK EARLIER
EVERY DAY

Tried & Tested

- LIQUID LIPSTICKS • A KIDS' TABLET • A MIRRORLESS CAMERA
- FLAT-BOTTOM WOKS • ACTIVITY TRACKERS • COFFEE MACHINES

SimplyHer

STEALS & DEALS

Ultimate Colla-gen

Protect your skin from the sun's harmful rays by using Ultimate Colla-gen with UV Shield, which not only helps replenish collagen in your skin but has the added benefit of UV protection. It contains carotenoids, antioxidants, collagen, blueberry extract, acai extract, probiotics, glucosamine and hyaluronic acid. It comes in two formulations - Plus and Gold - and is available at Pharmex Healthcare, Nishino Pharmacy, Robinsons, John Little, Pan Derma Clinique at Great World City, premium TCM outlets and medical clinics.

Six lucky readers stand to win either a box of Ultimate Colla-gen with UV Shield Plus or Ultimate Colla-gen with UV Shield Gold, plus five additional sachets, worth \$103. Promotion valid until March 31, 2014.

CODE: **SHER0301**

Win an Ultimate Colla-gen set worth **\$103**



Redeem Brighten My Day samples and a gift worth **\$40**

philosophy: nothing can edge your light: you are bright and brilliant, so you were smoothly from day to night: you are prepared to face the world without a flaw, you spread your light from an glow with a light that has been free within.

all-over skin perfect brightening lotion (skin exfoliant: perfecting gel)

philosophy: always look on the bright side

all-over skin perfecting brightening cream (skin exfoliant: perfecting gel)

Philosophy

Rediscover radiant and translucent skin with Philosophy's Brighten My Day range. It is designed not only to diminish dark spots, but also redness and pores, for beautiful, glowing skin. Present this page to redeem Brighten My Day samples and receive an exclusive Brighten My Day gift worth \$40 with any purchase from the Brighten My Day range at Philosophy, #01-16 Bugis Junction and Level 1 Tangs Orchard. Promotion valid from March 10 to April 28, 2014, while stocks last.

CODE: **SHER0302**

Atache Scientific Cosmetic

Get younger-looking skin without going under the knife with Atache Lift Therapy products, which help lift, tighten and tone using ingredients like hyaluronic acid and soya isoflavones. The Lift Therapy range includes Force Lift Day SPF20 (50ml, \$165), Performance Neck Solution (50ml, \$205), Sublime Lift Night (30ml, \$235), and Intensive Lift Solution (15ml, \$165). For more information, call Beau Lab at 6316-3168.

Enjoy 20 per cent off any Atache Lift Therapy product. Promotion valid until March 31, 2014.

CODE: **SHER0303**



Enjoy 20% off Atache Lift Therapy products

HOW TO WIN Step 1: Go to www.simplyher.com.sg Step 2: Click on the Promotions tab and choose the promotion you want. Step 3: Fill in your particulars and key in the promo code. Step 4: Click to submit and you are done.