

Simply Her

BUSY WOMEN
SMART SOLUTIONS
BALANCING LIVES

SINGAPORE | JANUARY 2014 | \$4.20
WWW.SIMPLYHER.COM.SG

**"MY COUSIN
MOLESTED
ME WHEN I
WAS SEVEN"**

But it only made her
stronger

**Live the
K Life...
in Singapore**

Korean makeup, hairstyling,
supermarkets, fashion and food

**BABY PINK +
BRIGHT RED**

The must-
wear combo
this CNY

26

**CLEAN
HOME
HEROES**

For
mirrors,
floors,
sinks,
walls &
more

**DO EVERYTHING
FASTER**

- 20min recipes • 7min workout
- Quick decluttering tips • Fast frozen meals
- Super-efficient skincare

**+ GET YOUR KIDS TO
BED EARLIER**

Tried & Tested
• A MULTI-FUNCTION OVEN
• SMARTPHONE CAMERAS
• SOUP MAKERS-CUM-BLENDERS



**Yeo Yann
Yann**
... and her little
girl bond over
baby yoga.
Awww!



**PG 102 THE BEST
PEN CAI REVIEWED**



**PG 26 YOUR GUIDE
TO CLEANER SKIN**

안전 콜라겐

ULTIMATE COLLA-GEN



Beauty should not fade with time - I keep my skin supple and firm with **Ultimate Colla-gen**.

Loretta Ang, mid 40s,
mother of teenagers

Exposure to the sun and the natural process of aging can cause much damage to our skin. A 2010 study by the University of Toronto, Canada, discovered that carotenoids - found in plants like carrots and tomatoes - protect the plant from UV damage especially when the rays of light from the sun are most intense.

Ultimate Colla-gen

enhanced formulation with added carotenoids and antioxidants give extra UV protection to your skin.

Best value in town!

8 age defying ingredients in one sachet: Collagen, Vitamin C, antioxidants like blueberry extract, Acai extract, probiotics, carotenoid extract, glucosamine and hyaluronic acid.

88% experienced supple, tighter & visually brighter skin.¹

1. Survey conducted with 40 participants, who consumed Ultimate Colla-gen for at least 3 months.



Premium **Snapware**
Gift upon Purchase

PURCHASE 2 BOXES OF ULTIMATE COLLA-GEN AND GET A BOX OF SNAPWARE CANISTER (18 PCS - worth \$55) FREE

Purchase two (2) boxes of Ultimate Colla-gen at any of our retail partners and redeem a complimentary set of 18pc Snapware® airtight set worth \$55. Snapware® or email proof of receipt to 6298-6661 or ultimatecollagen@neweastern.com.sg and we will deliver your complimentary Snapware® set to you.

Offer valid for purchases made in the period of 1 January to 28 February 2014 only. Science Laboratories is at liberty to swap the gift with another of equal or similar value.

Retail Partners: Pharmex Healthcare outlets | Nishino Pharmacy outlets | Robinsons | John Little | Pan Derma Clinique@Great World City premium TCM outlets | medical clinics.

SimplyHer

STEALS & DEALS

Juke

Wondering how to help your teenager develop a good skincare regime? Korean beauty brand Juke is targeted at teens. Hormonal changes may cause their skin to produce excess sebum which leads to acne, so Juke has natural ingredients - organic fruit extracts, sunflower seeds, argan oil, shea butter, pomegranate, ginkgo and mulberry - to control sebum and nourish skin gently.

Present this page to enjoy 30 per cent off any purchase of Juke at Skylake Concept Store, #01-44 Far East Plaza. Promotion valid until Jan 31, 2014.

CODE: **SHER0101**



O'right

Colour treatments can dry out your hair. O'right's Purple Rose Color Care Shampoo contains purple rose essential oil, organic foaming agents and a botanical formula to gently cleanse and moisturise colour-treated locks. Follow up with the Purple Rose Conditioner, which helps replenish protein and moisture in hair, leaving it silky smooth.

Seven lucky readers stand to win a Purple Rose Color Care Shampoo and Conditioner set worth \$78. Promotion valid until Jan 31, 2014.

CODE: **SHER0102**



Ultimate Colla-gen

A collagen supplement may help you fight the signs of ageing. Ultimate Colla-gen has two formulations: Gold for healthy bones and joints, and Plus for skin, hair and nails. Each sachet contains 5,000mg of Nano Collagen plus six other skin-friendly nutrients. Each box of 30 sachets costs \$88 at Nishino Pharmacy at Takashimaya D.S., Meidi-ya Supermarket, Isetan Scotts, John Little, Robinsons and selected TCM shops and clinics.

Six lucky readers stand to win a box of Ultimate Colla-gen Plus or Ultimate Colla-gen Gold worth \$88. Promotion valid until Jan 31, 2014.

CODE: **SHER0103**



Philosophy

If you're looking for a lightweight moisturiser, Hope in a Jar Oil-free Gel is suitable for normal to oily skin. It conditions, hydrates and exfoliates gently, leaving you with smooth, radiant skin.

To help renew your complexion while you sleep, the Hope in a Jar Night intensive retexturising moisturiser delivers potent glycolic acid deep into skin. Use it daily for a more even tone and to help soften lines on your face. Visit www.philosophyskincare.sg to find out more.

Four lucky readers stand to win a Hope in a Jar Oil-free Gel and Hope in a Jar Night, worth \$123. You can also present this page to get 20 per cent off any product from the Philosophy Hope range at #01-16 Bugis Junction. Promotion valid until Jan 31, 2014.

CODE: **SHER0104**



HOW TO WIN Step 1: Go to www.simplyher.com.sg Step 2: Click on the Promotions tab and choose the promotion you want. Step 3: Fill in your particulars and key in the promo code. Step 4: Click to submit and you are done.