

Livewell

S\$4.20/MYR\$10.00
at newsstands

inspire | care | educate



GIVEAWAY!
\$25,000
worth of Gifts
for Mother's &
Father's Day

are you
fit to fly?

take our flight test to
find out if you will pass
with flying colours!

belinda lee
larger than life

the new
his needs,
her needs

when
hearts attack
is your heart for or against you?

bonus
living in a
dengue cluster?
where to look | what to
change | when to take

MAY - JUNE 2014 • VOL 55

Singapore's definitive wellness guide to health, beauty, style and fitness.



HAIR TO TOE

Gift Guide for
the Immaculate
Couple



Q. Ultimate Colla-gen with UV Protection

A synergistic mix of 5,000mg pure Nano sized Korean Collagen Hydrolysate and 8 premium multi-nutrients including Hyaluronic Acid and Acai Berry make up this holistic dietary supplement that helps nurture healthy skin, joints and hair!

Each set includes 1 box of Ultimate Colla-gen Gold or Plus (30 sachets) worth \$88/box and 4 Ultimate Colla-gen sachets in a travel pack, worth \$12.

We're giving away 10 sets of Ultimate Colla-gen with UV Protection worth \$100 each!

R. Evening Primrose Oil 1000mg | JR Life Sciences

Experience healthy flowing hair, strong nails and glowing skin with JR Life Sciences Evening Primrose Oil 1000mg. Its natural source of Gamma Linolenic Acid (GLA), and Omega-6 essential fatty acid, also help ease pre-menstrual and menopausal symptoms.

We're giving away 13 bottle of JR Life Sciences Evening Primrose Oil 1000mg worth \$79 each!

T

S. Extra Strength Glucosamine 2-KCI 1500mg | JR Life Sciences

This high strength, complete joint care formula helps provide extra joint support and repairs damaged cartilage while relieving joint pain and discomfort for healthy bones and improved mobility.

We're giving away 8 bottles of JR Life Sciences Extra Strength Glucosamine 2-KCI 1500mg worth \$138 each!

T. Spatone Apple

One sachet of Spatone Apple can provide you with the recommended daily amount of iron and vitamin C, maintaining healthy iron levels that contribute to a calm immune and nervous system whilst reducing tiredness and fatigue.

We're giving away 36 boxes (28 ready-to-drink sachets) of Spatone Apple worth \$28 each!

ULTIMATE COLLAGEN

"My mother always shares the best things with me."

Jane Ng - Mother, Dorea Quek - Daughter

ULTIMATE COLLAGEN



90% experienced firmer, healthier & younger skin.¹

Survey conducted with 40 participants, who consumed Ultimate Collagen for at least 3 months.

Ultimate Collagen

SPECIALLY FOR YOU:

Mother's Day Promo
(1 May '14 - 30 June '14)



Premium
PYREX Gift
upon Purchase

+
PURCHASE 2 BOXES
OF ULTIMATE COLLAGEN
AND GET A
PYREX Juice Server (worth \$22) FREE



Purchase two (2) boxes of Ultimate Collagen at any of our retail partners and redeem a complimentary set of PYREX Juice Server worth \$22, consumption of your complimentary PYREX Juice Server at retail outlets. Reply fax or email proof of receipt to 6298-6661 or ultimatecollagen@neweastern.com.sg and we will deliver your complimentary PYREX Juice Server set to you. Offer valid for purchases made in the period of 1 May to 30 June 2014 only. Science Laboratories is at liberty to swap the gift with another of equal or similar value.

enhanced formulation with added carotenoids and antioxidants give extra UV protection to your skin.

Best value in town!

8 age defying ingredients in one sachet:
Collagen, Vitamin C, antioxidants like Blueberry extract, Acai extract, Probiotics, Carotenoid extract, Glucosamine and Hyaluronic acid.

Exposure to the sun and the natural process of aging can cause much damage to our skin. A study by the University of Toronto, Canada, discovered that carotenoids - found in plants like carrots and tomatoes - protect the plant from UV damage especially when the rays of light from the sun are most intense.



Retail Partners: Pharmex Healthcare outlets | Nishino Pharmacy outlets | Robinsons | John Little | Pan Derma Clinique @Great World City | premium TCM outlets | selected medical clinics.

