

LoveWell



S\$4.20/MYR\$10.00
at newsstands

inspire | care | educate

ISSN 1793-0545



9 771793 054501



*More than
\$25,000
worth of goodies
+
4D3N Cruise
to be won!*

**May the HORSE
Be With You!**

Inside: Your 2014 Health Horoscope

**TAVIA
Yeung Yi**

*on Love & New Year's
Resolutions*

BONE UP

on Osteo-Everything!

**WEIGHT-
LOSS NEWS**

*The Skinny on Magic
Slimming Formulas*

7 Unassuming Habits that
Sabotage Your Sleep

Climate Change
Pushing You Under The Weather?

we're
10

JANUARY – FEBRUARY 2014 • VOL 53

Singapore's definitive wellness guide to health, beauty, style and fitness.

완전 콜라겐

ULTIMATE COLLA-GEN

Beauty comes from within - I keep my skin supple and radiant with **Ultimate Colla-gen**.

Natalia Fremaux, 30,
mother of two

Exposure to the sun and the natural process of aging can cause much damage to our skin. A 2010 study by the University of Toronto, Canada, discovered that carotenoids - found in plants like carrots and tomatoes - protect the plant from UV damage especially when the rays of light from the sun are most intense.

Ultimate Colla-gen

enhanced formulation with added carotenoids and antioxidants give extra UV protection to your skin.

Best value in town!

8 age defying ingredients in one sachet: Collagen, Vitamin C, antioxidants like blueberry extract, Acai extract, probiotics, carotenoid extract, glucosamine and hyaluronic acid.

Premium **Snapware**
Gift upon Purchase



PURCHASE 2 BOXES OF ULTIMATE COLLA-GEN AND GET A BOX OF SNAPWARE® CANISTER (10 PCS - worth \$55) FREE

88% experienced supple, tighter & visually brighter skin.¹

¹ Survey conducted with 40 participants, who consumed Ultimate Colla-gen for at least 3 months.



Purchase two (2) boxes of Ultimate Colla-gen at any of our retail partners and redeem a complimentary set of 18pc Snapware® airtight set worth S\$55.

Simply fax or email proof of receipt to 6298-6661 or ultimatecollagen@neweastern.com.sg and we will deliver your complimentary Snapware® set to you.

Offer valid for purchases made in the period of 1 January to 28 February 2014 only.

NewScience Laboratories is at liberty to swap the gift with another of equal or similar value.

all Partners: Pharmex Healthcare outlets | Nishino Pharmacy outlets | Robinsons | John Little | Pan Derma Clinique@Great World City premium TCM outlets | medical clinics.

Fine Lines and Wrinkles

When your skin loses its elasticity and collagen stores, fine lines and wrinkles start to appear due to the reduction in skin volume. This usually happens with the ageing process, but repeated muscle motions such as laughing, frowning and squinting can also explain the crow lines at the eyes, laugh lines around the mouth and deep creases on the forehead.

More than Skin Deep

Collagen, which forms the basic structure of your skin, is the most abundant protein in your body, acting as the skin's support and ensuring its plumpness. It is made naturally in your body so one way of restoring your skin's firmness would be to increase the production of collagen through some drink and dietary supplements.



The Japanese Secret! **Collagen Lift** supports healthy and younger-looking skin with an effective amount of pure fish derived collagen peptides and other effective ingredients that help replenish what is naturally lost or depleted with age.



Enhanced Absorption! Marine Collagen and Japanese patented Camellia Seed Extract infused in **Ezee Beauty** increase absorption by more than 20%, actively stimulating the production of hyaluronic acid and collagen to support the regeneration of collagen fibres for bouncier, translucent skin.

Back to Basics! Each capsule of **21st Century® Elastin Collagen** helps replenish your body's elastin-collagen so that over time, the appearance of fine lines and wrinkles are reduced and a radiant complexion ensues.

Your Daily Liquid! Specifically designed for mature skin to restore youthfulness, **Kinohimitsu J'pan Collagen Diamond 5300 Drink** actively boosts collagen synthesis and repairs damaged collagen fibres to minimise signs of ageing.

A Great Taste! Hydrolysed pure, nano-sized Korean Collagen combines with premium Hyaluronic acid and 9 other nutrients to provide holistic benefits for joints, hair and skin health in one pack of **Ultimate Colla-gen**.

Tone Up! Holistic Way® Collagen combines the natural goodness of collagen with the well-known benefits of antioxidants to maintain and regenerate new cells for youthful skin with good tone and elasticity.



CODE
07

**Efalax® Active 50+
worth \$1,020!**

Efalax Active 50+ contains the essential nutrients your brain and body require, such as Omega-3, Ginkgo biloba, vitamin B12 and E, phosphatidylserine and folic acid, to optimise your working memory, as well as to stay mentally and physically fit.



*We're giving away 34 sets of
Efalex Active 50+ worth \$30 each!*

CODE
09

**Ultimate Colla-gen
worth \$1,056!**

A synergistic mix of 5,000mg Nano sized pure Korean Collagen Hydrolysate and 8 premium multi-nutrients including Hyaluronic Acid and Acai Berry make up this holistic dietary supplement that helps nurture healthy skin, joints and hair!



*We're giving away 12 sets of Ultimate
Colla-gen worth \$88 each!*

CODE
08

**No7 Perfect &
Protect Intense
Beauty Serum
30ml worth
\$1,078!**

This rich, velvety, No7 Intense anti-ageing serum is proven to restore the skin's structure and improve deep lines and wrinkles by up to 50% with regular use. After the first application, your skin's radiance visibly improves!

*We're giving away 20
tubes of No7 Perfect &
Protect Intense Beauty
Serum 30ml worth
\$53.90 each!*



CODE
10

**Kinohimitsu J'Pan ProWhite
30's and J'Pan UV-Bright
Drink 6's worth \$1,098!**

Beat the sun's harmful UV rays with Kinohimitsu's J'Pan ProWhite and J'Pan UV-Bright Drink that effectively eliminate pigmentation and reduce oxidative stress so you can restore your fair complexion and a radiant skin tone!

*We're giving
away 10 sets of
Kinohimitsu J'Pan
ProWhite 30's &
J'Pan UV-Bright
Drink 6's worth
\$109.80 each!*

